



St. Francis de Sales

6610 Balmoral Street, Burnaby, V5E 1J1

Phone 604-434-1328

Email: parish.sfds@rcav.org Website: www.sfds.ca

Parish Office Hours Monday to Friday 9am to 5 pm
(Closed for Lunch from Noon to 1 pm)

Facebook: @sfdsburnaby Instagram: @sfdsburnaby



Pastor:

Father Mark McGuckin

Assistant Pastor:

Father Lukose Kochupurackal CMF

Deacons:

Patrick Dwan & Alvin Rint

Religious Education Coordinator:

Marguerite Goldsmith
sfds.religioused@rcav.org

Parish Accountant:

Theresa Inocentes

Parish Secretary:

Danka Mak

Parish Administrative Assistant :

Fiona Dwan

Parish Bookkeeper:

Lin Dou

Parish School

School Principal:

Mrs. Irene Wihak

Ornella Hatzisavva-Secretary

Phone: 604-435-5311

Fax: 604-434-4798

Email: office@sfds.school

Pre-School: 604-434-3311

St. George's Melkite-Greek Catholic Mission

Byzantine Rite Mass at 1:30 pm
on Sundays

Pastor:

Fr. Ephrem Kardouh B.S.O.

Tel: 778-251-8270

office@stgeorgemelkitechurch.com

St. Vincent de Paul Society

Help Line: 604-434-1328

Domestic Abuse

Help Line: 604-640-7549

Confessions:

Monday to Friday

7:55 am to 8:10 am

Saturday

9:30 am to 10:00 am

4:00 pm to 4:45 pm

By Appointment

Please call the Parish
Office. 604-434-1328

Weekday Mass Schedule

8:15am Monday-Friday

9:10am Wednesday June 24

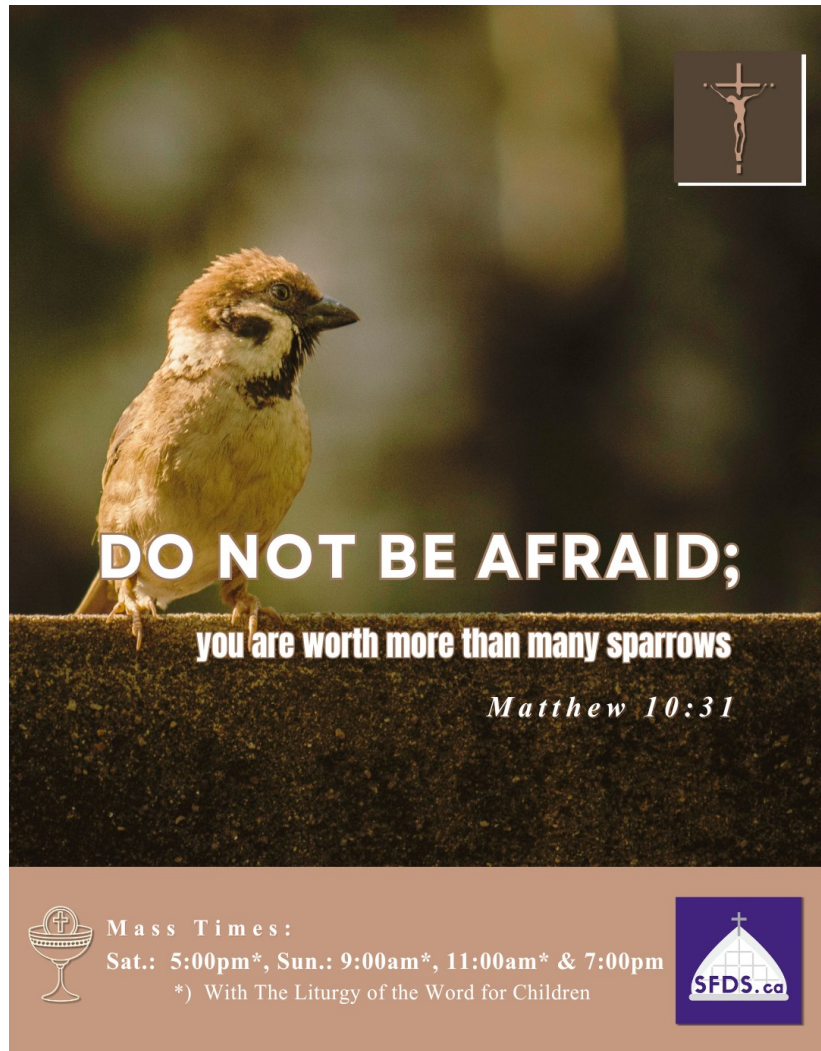
(School Mass)

9:00am Saturdays & Holidays

Holy Hour

Thursday mornings after Mass

First Friday's 6pm



"A good father knows how to wait and knows how to forgive from the depths of his heart. Certainly, he also knows how to correct with firmness: He is not a weak father, submissive and sentimental. The father who knows how to correct without humiliating is the one who knows how to protect without sparing himself."
Pope Francis

A Message from Fr. Mark McGuckin, Pastor

Dear parishioners and friends of St. Francis de Sales,

Happy Father's Day to all the dads and grandpas and father figures in our lives. We see you, we give Our Lord thanks for you... our men here in our parish and all of those dads who have gone before us — these men who quietly, steadily provide for, protect, and care for their loved ones. Thank you for being pillars of faith in your homes and in our parish community.

Along with Father's Day, this Sunday also happens to be Pro-Life Sunday, and there is some encouraging news to share. Our Canadian Parliament's Special Joint Committee on Medical Assistance in Dying has recommended that mental illness alone should not qualify a person for assisted dying. If adopted, this would stop the planned 2027 expansion. This is a hopeful sign, for sure — a recognition that those who struggle deserve loving attention, and multi-faceted support. This is a small but meaningful win. ... Let's keep hoping and praying that the Culture of Life continues to take root in to our society, nurtured by the Providential Care of our Heavenly Father.

Friends, our scripture readings this weekend expound on that theme of HOPE. Jeremiah cries out in anguish, feeling alone and under attack, yet still professes: *"the Lord is with me."* Even in darkness, he trusts he is not abandoned. St. Paul then reminds us that while sin and death entered the world, grace has come through Christ — and that grace is greater still. Suffering does not have the final word — grace of God does.

And in our Gospel, Jesus speaks with tenderness: *"Even the hairs of your head are all counted... you are worth more than many sparrows."* This is the core of what we proclaim today — that every person, in every stage and condition of life, is precious to God... and therefore, should be precious to us.

We Welcome and Congratulate

Enzo Bo Trinh
&
Ethan Bo Trinh

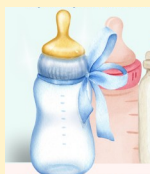
Baptized in our parish this weekend

Calling all alumni students and parents of SFdS School. Our beloved GR.2 teacher of 30 years, Mrs. Maria Wagner, is retiring. The school is hosting a farewell assembly to honour her many years of service. Anyone in the community who would like to attend and join us is welcome. The assembly will be Wednesday, June 24 at 2 pm in the school gym.



Baby Bottle Return Day!

Return your filled baby bottle to vestibule. If you forgot, just bring your bottle to the Parish Office any time this coming week. Thank you for standing with us in this campaign. Your efforts will help change hearts and save lives through the work at Advocate.





**Come and join
our SFDS
Family at
David Grey Park
on June 28!**

11:00 AM - 3:00 PM

SFDS Parish
is participating in this year's
L'Arche Neighbourhood Party

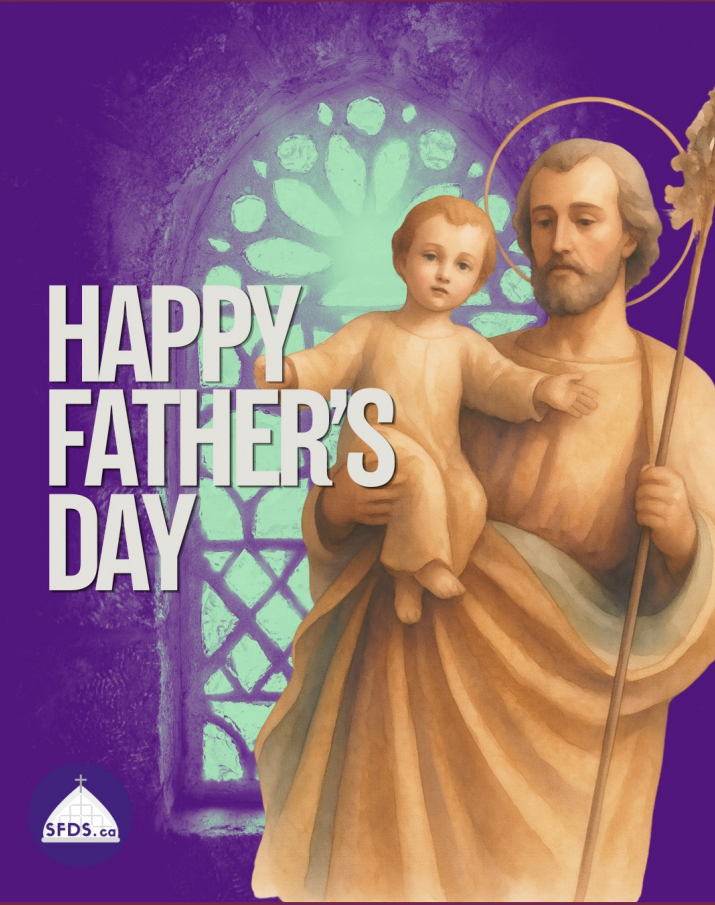
 

L'Arche Greater Vancouver is pleased to host its first Neighbourhood Party, a free, family-friendly community gathering in the park filled with connection, local flavour, and simple summer joy. The afternoon will include live music stage, games and activities for all ages, BBQ by Burnaby firefighters, and opportunities to connect with local community organizations and services. At David Gray Park, Burnaby. **Saturday, June 28, 11:00 a.m. to 3:00 p.m.** Learn more at beholdvancouver.org

Knights of Columbus Dinner & Dance

"Our Knights of Columbus are planning a Dinner & Dance for Saturday, September 26th in the School Gym starting at 6PM. Our motto for this year is "Goals for Good: Kicking off a life of Faith, Unity and Giving" as we celebrate this World Cup year and focus our efforts on fundraising for our community. All proceeds from the Dinner & Dance will go towards the SFDS school and their projects and initiatives.

This event will be a great opportunity to gather together, share some great food and dance the night away. Tickets will be on sale later this summer, but we'd like you to RSVP using our Eventbrite page through the QR code attached"

**HAPPY
FATHER'S
DAY**





SFDS PRAYER GROUP

Join us for a Picnic in the Park!

Potluck Event

Wednesday June 24 at 6:30pm

Picnic area beside the Pre School

Free Hot Dogs & Ice Cream Bars for everyone!

Please bring your own Chair & Mat

RSVP: omaskidds@telus.net

Please note: On July 8 & 15 the prayer group will meet in the entrance of the church

LET'S
TALK!

**SURVEY
TIME**

AUDIO
Accessibility
at Church



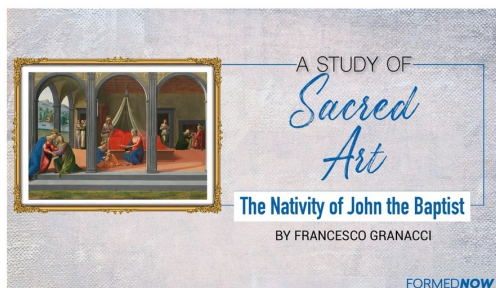
This Week on Formed

Week of June 21, 2026



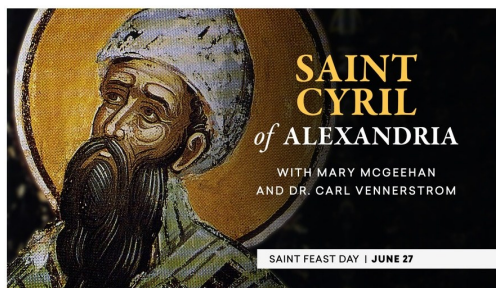
Saint Thomas More: The Age of the Author

This engaging series delves into the lives of the saints who led the Catholic Counter-Reformation. In this episode, learn about St. Thomas More, a patient witness to the faith who endured a heroic martyrdom at the hands of Henry VIII.



The Nativity of John the Baptist

On the Nativity of John the Baptist, join Dr. Ben Akers and Taylor Kemp as they sit down and discuss a piece of Sacred Art depicting this holy event.



St. Cyril of Alexandria | Catholic Saints

During the Nestorian Controversy of the fifth century, heroic saints like Cyril of Alexandria defended the truth of Christ's divinity. In this episode, Dr. Carl Vennerstrom and Mary McGeehan discuss the Nestorian heresy and how St. Cyril's humble, courageous spirit aided the Church during a time of discord.

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