



St. Francis de Sales

6610 Balmoral Street, Burnaby, V5E 1J1

Phone 604-434-1328

Email: parish.sfds@rcav.org Website: www.sfds.ca

Parish Office Hours Monday to Friday 9am to 5 pm
(Closed for Lunch from Noon to 1 pm)

Facebook: @sfdsburnaby Instagram: @sfdsburnaby



Pastor:

Father Mark McGuckin

Assistant Pastor:

Father Lukose Kochupurackal CMF

Deacons:

Patrick Dwan & Alvin Rint

Religious Education Coordinator:

Marguerite Goldsmith
sfds.religioused@rcav.org

Parish Accountant:

Theresa Inocentes

Parish Secretary:

Danka Mak

Parish Administrative Assistant :

Fiona Dwan

Parish Bookkeeper:

Lin Dou

Parish School

School Principal:

Mrs. Irene Wihak

Ornella Hatzisavva-Secretary

Phone: 604-435-5311

Fax: 604-434-4798

Email: office@sfds.school

Pre-School: 604-434-3311

**St. George's Melkite-Greek
Catholic Mission**

Byzantine Rite Mass at 1:30 pm
on Sundays

Pastor:

Fr. Ephrem Kardouh B.S.O.

Tel: 778-251-8270

office@stgeorgemelkitechurch.com

St. Vincent de Paul Society

Help Line: 604-434-1328

Domestic Abuse

Help Line: 604-640-7549

Confessions:

Monday to Friday

7:55 am to 8:10 am

Saturday

9:30 am to 10:00 am

4:00 pm to 4:45 pm

By Appointment

Please call the Parish
Office. 604-434-1328

Weekday Mass Schedule

8:15am Monday-Friday

9:10am Wednesday June 10

(School Mass)

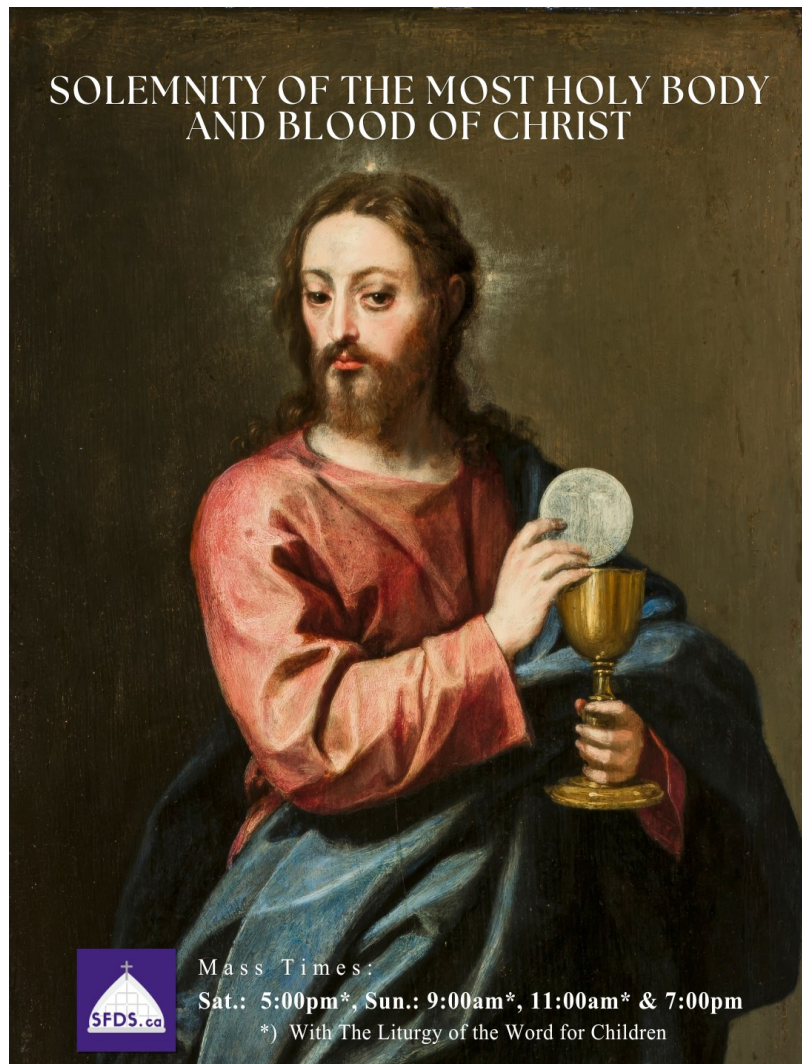
9:00am Saturdays & Holidays

Holy Hour

Thursday mornings after Mass

First Friday's 6pm

SOLEMNITY OF THE MOST HOLY BODY AND BLOOD OF CHRIST



Mass Times:

Sat.: 5:00pm*, Sun.: 9:00am*, 11:00am* & 7:00pm

*) With The Liturgy of the Word for Children

*"The Eucharist is the sacrament of love:
it signifies love, it produces love. The
Eucharist is the consummation of the
whole spiritual life."
St. Thomas Aquinas*

Message from Fr. Mark McGuckin, Pastor

Dear parishioners and friends of St. Francis de Sales,

A blessed and glorious Solemnity of Corpus Christi to you all! This weekend we celebrate one of the most profound mysteries of our faith — the Real Presence of Our Lord Jesus Christ in the Most Holy Eucharist. He does not merely remember us from a distance; He gives Himself to us, wholly and without reserve, under the humble appearance of bread and wine. What an astonishing love and mystery that we savour together.

Corpus Christi is a fitting occasion to reflect on what sustains us as a parish community. It is the Eucharist that draws us together, forms us, and sends us out. And it is from that same Eucharistic heart that vocations are born. Young men and women who have been nourished at the table of Our Lord, over time, hear a whisper: *give yourself, as He gave Himself*.

Speaking of Vocations, I echo a bit of news that I shared in last weekend's e-newsletter: I have been appointed by Archbishop Smith as Director of Vocations and Seminarians for the Archdiocese of Vancouver. I am deeply grateful for the trust His Grace has placed in me — and I will not pretend the responsibility is a small one. Our new Vocations Team is still assembling, and we are very much in need of your prayers. If you have any to spare, I will not turn them away!

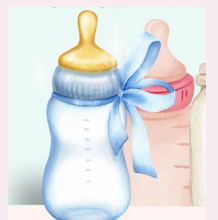
Rest assured: I remain your pastor here at St. Francis de Sales, and it continues to be a great joy to serve alongside my good friend, Fr. Lukose. Vocations grow where faith is lived with joy — and that, friends, is something this parish does beautifully.

In Loving Memory

Margaret Friens	June 1, 1960
Mary Kerrigan	June 1, 1996
Magdalena Mangilit	June 2, 2022
Zenaída Rivera	June 3, 2018
Henry Dimawala	June 3, 2023
Madge Adolph	June 4, 2022
Luciana Castellani	June 4, 2023
Mary So	June 6, 2014
Benito Vertucio	June 8, 2009
Mary Choo Heong Koo	June 8, 1993
Urbano Manalungsung	June 8, 2004
MoisesCuento	June 11, 1998
James Lim	June 12, 2012
Giuseppina Marino	June 12, 2004
Faustino Paraíso	June 13, 1957
Lina Bosa	June 14, 1986
Romeo Santos	June 15, 2006
Adrian Van Koeveringe	June 16, 1983
Edgar De Lara	June 17, 2021
Aaron Brandon Field	June 19, 2022
Karl Eli Deligero	June 19, 2025
Ciraco Oloresísimo	June 19, 1991
Henry Goldsmith	June 20, 1991
Florentino Galvez	June 20, 1938
Pacífico B. Bongato	June 23, 1977
Joseph Kerrigan	June 27, 2022
Ida Eisner	June 28, 2022
Francesco Andreola	June 29, 2023
Annie O'Connor	June, 30, 2004



Thank you! to the **62 parishioners** who have already returned bottles and the many who donated on line to support the ministry work of Advocate. In addition to supporting women and families facing unplanned pregnancy, they also go into schools across BC to talk to students about sexual integrity, abstinence, healthy relationships, and more. Last school year, they spoke to over 8,500 students in both public and private schools. **Our Baby Bottle campaign ends on Father's Day.** It is not too late to make a difference!



SFDS
ST FRANCIS DE SALES
DOWNTOWN MISSION

SFDS YOUNG ADULTS

BOARD GAME NIGHT!

JUNE 12TH @ 7:00 PM

ACTIVITIES BOARD GAMES
CARD GAMES
GROUP PLAY

SCHEDULE 7:00 PM — START
7:15 PM — GAME SESSION
8:30 PM — CSM PRESENTATION
9:00 PM — END

WHERE? ST FRANCIS DE SALES
MEETING ROOM (JUST OFF
THE HALL!)

CATHOLIC STREET MISSIONARIES

A special guest from CSM will be joining us to share about opportunities to do outreach downtown!

Their Mission:
To bring the Gospel message of God's love and hope to those on the fringes of society.

BRING A SNACK OR GAME TO SHARE!

SEE YOU THERE :)

Looking for a relaxed and fun way to connect? Join our SFDS Young Adults for a Board Game Night on Friday, June 12 at 7:00 PM in the meeting room just off the hall. Bring a snack or a favorite game to share, and enjoy an evening of laughter, friendly competition, and community. We'll also welcome a special guest from Catholic Street Mission, who will share opportunities to serve those on the margins—an inspiring way to live our call to mission together.

PREP

2026-2027



REGISTRATIONS OPEN!

Classes resume on Tuesday, Sept. 8, 2026 at 7:00 pm

New Catechists and Helpers are welcome!

SCAN TO
DOWNLOAD
REGISTRATION
PACKAGE

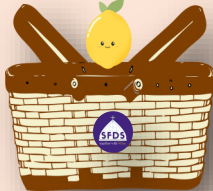


SFDS.ca

Our Parish Religious Education Program Registrations (PREP) for 2026-2027 is now open. Propelled by the Holy Spirit, please help us direct more public elementary school students and families to PREP. For Grades 1 to 7 & High School. Scan the QR code to download the registration package. We are also looking for new Catechists & Helpers. If you are interested please contact Marguerite at the parish office. 604-434-1328.

SFDS PRAYER GROUP

Join us for a Picnic in the Park!
Potluck Event
Wednesday June 24 at 6:30pm
Picnic Area Beside the Pre School
Please Bring your own Chair & Mat
RSVP: Hendrika
omaskids@telus.net



MONDAY SOCIAL

EVERY MONDAY AFTER MASS, (9-11:00 am)
free admission/Coffee, snack
bring goodies if you wish

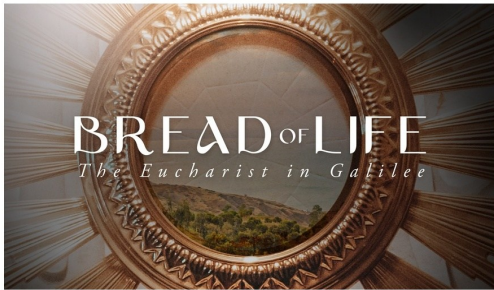


Vocation Live-In on the weekend of July 4-5
at the Seminary of Christ the King in Mission, BC. Anyone wishing to enter the Seminary in the next couple of years is welcome.
For more information phone 604-826-8975 or email rector.minors@sck.ca

Triumph of the Heart Movie Screening
Triumph of the Heart is a moving true story of St. Maximilian Kolbe, the Franciscan priest who offered his life in exchange for another prisoner at Auschwitz during World War II. Come and be inspired by this powerful witness of faith, courage, and sacrificial love. At Holy Eucharist Cathedral, New Westminster. Saturday, June 13, 7:00 pm. Learn more at beholdvancouver.org

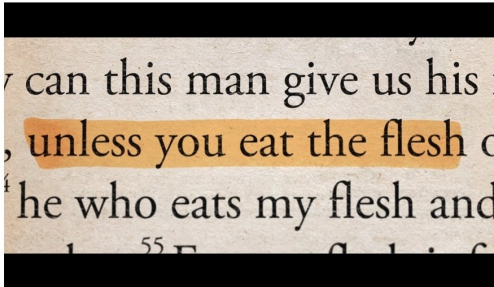
This Week on Formed

Week of June 07, 2026



Bread of Life: The Eucharist in Galilee

Christ's teaching about the Eucharist is the crescendo of Jesus' entire ministry: all his work in Galilee prepared for and pointed to the Eucharist. Join Dr. Tim Gray for an exciting five-part series about Jesus' teaching on the Eucharist.



Presence

Although the Eucharist appears to be simple bread and wine, it is actually the "source and summit" of the Christian life. Presence: The Mystery of the Eucharist explores the truth and beauty of Christ's real presence in the Eucharist, from its origins in Sacred Scripture, to its profound role in the life of the Church and her members. It is the crescendo of the entire story of salvation.



The Sacred Heart and the Immaculate Heart

Do you have a devotion to the Sacred Heart of Jesus? Deepen your devotion by listening to this discussion of sacred art pieces depicting the heart of Christ.

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