



# St. Francis de Sales

6610 Balmoral Street, Burnaby, V5E 1J1  
Phone 604-434-1328

Email: [parish.sfds@rcav.org](mailto:parish.sfds@rcav.org) Website: [www.sfds.ca](http://www.sfds.ca)

Parish Office Hours Monday to Friday 9am to 5 pm  
(Closed for Lunch from Noon to 1 pm)

Facebook: @sfdsburnaby Instagram: @sfdsburnaby

**Sunday April 19, 2026**

**Pastor:**

Father Mark McGuckin

**Assistant Pastor:**

Father Lukose Kochupurackal CMF

**Deacons:**

Patrick Dwan & Alvin Rint

**Religious Education Coordinator:**

Marguerite Goldsmith  
[sfds.religioused@rcav.org](http://sfds.religioused@rcav.org)

**Parish Accountant:**

Theresa Inocentes

**Parish Secretary:**

Danka Mak

**Parish Administrative Assistant :**

Fiona Dwan

**Parish Bookkeeper:**

Lin Dou

**Parish School**

**School Principal:**

Mrs. Irene Wihak

Ornella Hatzisavva-Secretary

Phone: 604-435-5311

Fax: 604-434-4798

Email: [office@sfds.school](mailto:office@sfds.school)

Pre-School: 604-434-3311

**St. George's Melkite-Greek Catholic Mission**

Byzantine Rite Mass at 1:30 pm  
on Sundays

**Pastor:**

Fr. Ephrem Kardouh B.S.O.

Tel: 778-251-8270

[office@stgeorgemelkitechurch.com](mailto:office@stgeorgemelkitechurch.com)

**St. Vincent de Paul Society**

Help Line: 604-434-1328

**Domestic Abuse**

Help Line: 604-640-7549



## Third Sunday of Easter



**Mass Times :**

Sat.: 5:00pm\*, Sun.: 9:00am\*, 11:00am\* & 7:00pm

\*) With The Liturgy of the Word for Children



**Confessions:**

Monday to Friday  
7:55 am to 8:10 am

**Saturday**

9:30 am to 10:00 am  
4:00 pm to 4:45 pm

**By Appointment**

Please call the Parish  
Office. 604-434-1328

**Weekday Mass Schedule**

8:15am Monday-Friday  
9:10am Wednesday April 22  
(School Mass)  
9:00am Saturdays & Holidays

**Holy Hour**

Thursday mornings after Mass

*“Live in perfect charity and love, aiding and mutually encouraging one another in the thorny yet strong sweet path marked out for each of us to follow.”*

*St. Mary MacKillop*

**April 19, 2026 - 3rd Sunday of Easter**

**A word from our late Holy Father Pope Francis:** On this third Sunday of Easter, the Gospel narrates the encounter of the Risen Jesus with the disciples of Emmaus (cf. Lk 24: 13-35). [...] *They tell him the entire story, and Jesus lets them tell him the story. Then, while they are walking, he helps them reinterpret the facts in a different way, in the light of the prophecies, of the Word of God, of all that had been proclaimed to the people of Israel. To re-read: that is what Jesus does with them, helping them to re-read. Let us dwell on this aspect.*

Indeed, for us too it is important to re-read our history together with Jesus: the story of our life, of a certain period, of our days, with its disappointments and hopes. Besides, we too, like those disciples, faced with what happens to us, can find ourselves lost in the face of events, alone and uncertain, with many questions and worries, disappointments, many things. Today's Gospel invites us to tell Jesus everything, sincerely, without being afraid of disturbing him: he listens, without fear of saying the wrong thing, without shame at our struggle to understand. The Lord is happy whenever we open ourselves to him. Only in this way can he take us by the hand, accompany us and make our hearts burn again (cf. v. 32). We too, then, like the disciples of Emmaus, are called to spend time with him so that, when evening comes, he will remain with us (cf. v. 29).

There is a good way of doing this, and today I would like to propose it to you: it consists in dedicating some time, every evening, to a brief *examination of conscience*. [...] *It is a matter of re-reading the day with Jesus, re-reading my day: opening the heart to him, bringing to him people, choices, fears, falls and hopes, all the things that happened; to learn gradually to look at things with different eyes, with his eyes and not just our own.* [...]

We can begin today, dedicate a moment of prayer this evening, during which we ask ourselves: how was my day? What were its joys, what were its sorrows, what were its monotones, how did it go, what happened? What were the pearls of the day, possibly hidden, to be thankful for? Was there a little love in what I did? And what are the falls, the sadness, the doubts and the fears to bring to Jesus so that he can open new ways to me, to lift me up and encourage me? May Mary, wise Virgin, help us to recognize Jesus who walks with us and to re-read — here is the word: *re-read — every day of our life in front of him.*

**We Welcome and Congratulate**

**Alexander Taka Nee Botsio**

**Baptized in our parish this weekend**

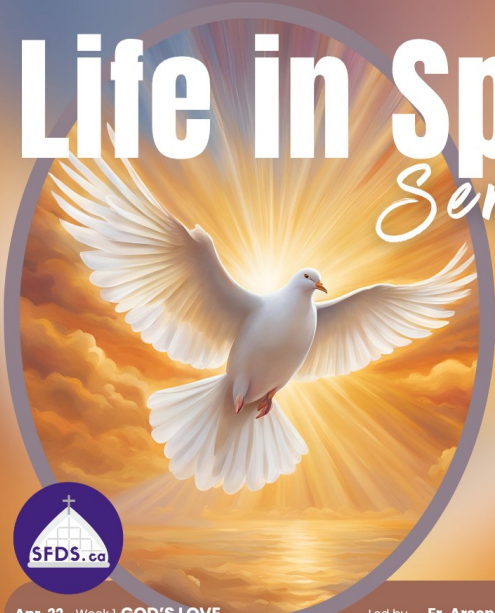
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**Life in Spirit**  
*Seminar*



SCAN TO



REGISTER



- |  |  |
|--|--|
| <b>Apr. 22</b> Week 1 <b>GOD'S LOVE</b>                | Led by <b>Fr. Arsene Dutunge</b>           |
| <b>Apr. 29</b> Week 2 <b>SALVATION</b>                 | Led by <b>Fr. Médard Kamanzi</b>           |
| <b>May 6</b> Week 3 <b>NEW LIFE</b>                    | Led by <b>Fr. Ephrem Kardouh</b>           |
| <b>May 13</b> Week 4 <b>RECEIVING GOD'S GIFT</b>       | Led by <b>Fr. Mark McGuckin</b>            |
| <b>May 20</b> Week 5 <b>BAPTISM IN THE HOLY SPIRIT</b> | Led by <b>Fr. Dieudonné Bigirimana, OP</b> |
| <b>May 27</b> Week 6 <b>GROWTH</b>                     | Led by <b>Fr. Tom Smith</b>                |
| <b>Jun. 3</b> Week 7 <b>TRANSFORMATION</b>             | Led by <b>Fr. Mark Schwab</b>              |

Every Wednesday at 7 pm | Apr. 22 - Jun. 3 | St. Francis de Sales, Parish Hall

**March for Life Trip to Victoria BC May 14, 2026**

As we are getting closer to the date of the March, we are beginning to take names, email addresses and phone numbers of parishioners that wish to participate. To register please contact the parish office. It is advised if you want to attend this year to register as soon as possible as the bus will fill up very quickly.

**The cost for the day is as follows:**

**65 & older on or before May 14, 2026 NO CHARGE**  
**Under 65 -\$65 for the Ferry Fee Burnaby Pro Life Society will be covering the cost of the bus and the driver that day.**

Questions can be directed to Rod Munch at [rmunch@shaw.ca](mailto:rmunch@shaw.ca)  
 Please watch for further announcements coming soon



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## SFDS Spring Schedule

- Apr. 9 Special Alpha Finale & Taster
- Apr. 12 Divine Mercy Devotion @ 3:00pm
- Apr. 22 Life in the Spirit Seminars commence
- Apr. 26 First Holy Communion Mass @ 3:00pm
- May 1 Grade 7 Confirmation Mass @ 7:00pm
- May 5 The Crowning of Mary
- May 10 Mother's Day (Baby Bottle Drive commences)
- May 14 Night#1 of Intro to Scripture Seminar @ 7:00pm
- May 17 Dual Anniversary Celebration - 10 Years a Priest (Fr. Mark) and 35 years a Priest (Fr. Lukose)
- May 23 SFDS Spring Fair
- May 24 Pentecost Sunday
- Jun. 3 Special Swahili Mass - Feast of St. Charles Lwanga @ 7:00pm
- Jun. 6 Corpus Christi Procession @ 6:00pm
- Jun. 21 Father's Day (Baby Bottle Drive concludes)

together with Him



### Religious Articles from the Holy Land

After Mass this weekend April 18/19

there will be religious olive wood carvings on display in the entrance of the church.

These articles are hand crafted by the Christians of the Holy land who are seeking your support today to assist them in staying rooted in the land of Christ. 70 years ago, the Christian population was 20 % of the whole population, now they are only 1.0%. It is also a way of preserving a local cultural heritage which is in danger of being lost as a more Christians feel pressured to leave their homeland for economic and political reasons. These religious articles can be used as gifts for first communions, Christmas and other occasions. In addition, some of these articles can be used as a means of praying and providing comfort, strength, and even hope for people who are suffering. Please note that **ONLY CASH** is accepted as payment at this time. Thanks again for your support and God Bless.



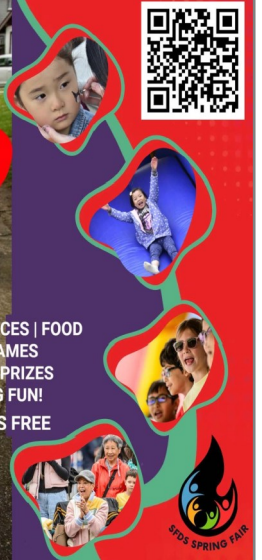
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Unity in the Community

## 4th Annual SFDS SPRING FAIR

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### Knights of Columbus

Pancake Breakfast 2026

This Sunday April 19

After 9 am & 11 am Masses

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Credit, Debit &  
E-Transfer



## Spring Fair Early Bird Tickets Are Live!

We've got awesome **Ticket Bundles** designed for the entire family! Don't wait! Secure your spot early and save big on the year's best family fun event. Discounted tickets are available for a limited time only! Buy Now: <https://www.zeffy.com/en-CA/ticketing/4th-annual-sfds-spring-fair-ticket-sales> Follow us on social media for all the latest updates! Instagram: [@sfdsspringfair](https://www.instagram.com/sfdsspringfair) Facebook: [@sfdsspringfair](https://www.facebook.com/sfdsspringfair)

**SFDS Kindergarten** Do you have a young one going into Kindergarten? For more information and to register for the upcoming school year please email SFDS School [office@sfds.school](mailto:office@sfds.school)





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APRIL 13 <sup>TH</sup>	EPISODE 1: "WHAT DO YOU SEEK?"
APRIL 27 <sup>TH</sup>	EPISODE 2: "WHO ARE YOU?"
MAY 11 <sup>TH</sup>	EPISODE 3: "WHY A GOD?"
MAY 25 <sup>TH</sup>	EPISODE 4: "WHATS OUR STORY?"
JUNE 8 <sup>TH</sup>	EPISODE 5: "WHO IS JESUS?"
JUNE 22 <sup>ND</sup>	EPISODE 6: "AM I SAVED?"
JULY 6 <sup>TH</sup>	EPISODE 7: "WHY A CHURCH?"

**Come  
cheer on our  
SFDS  
FLAMES**

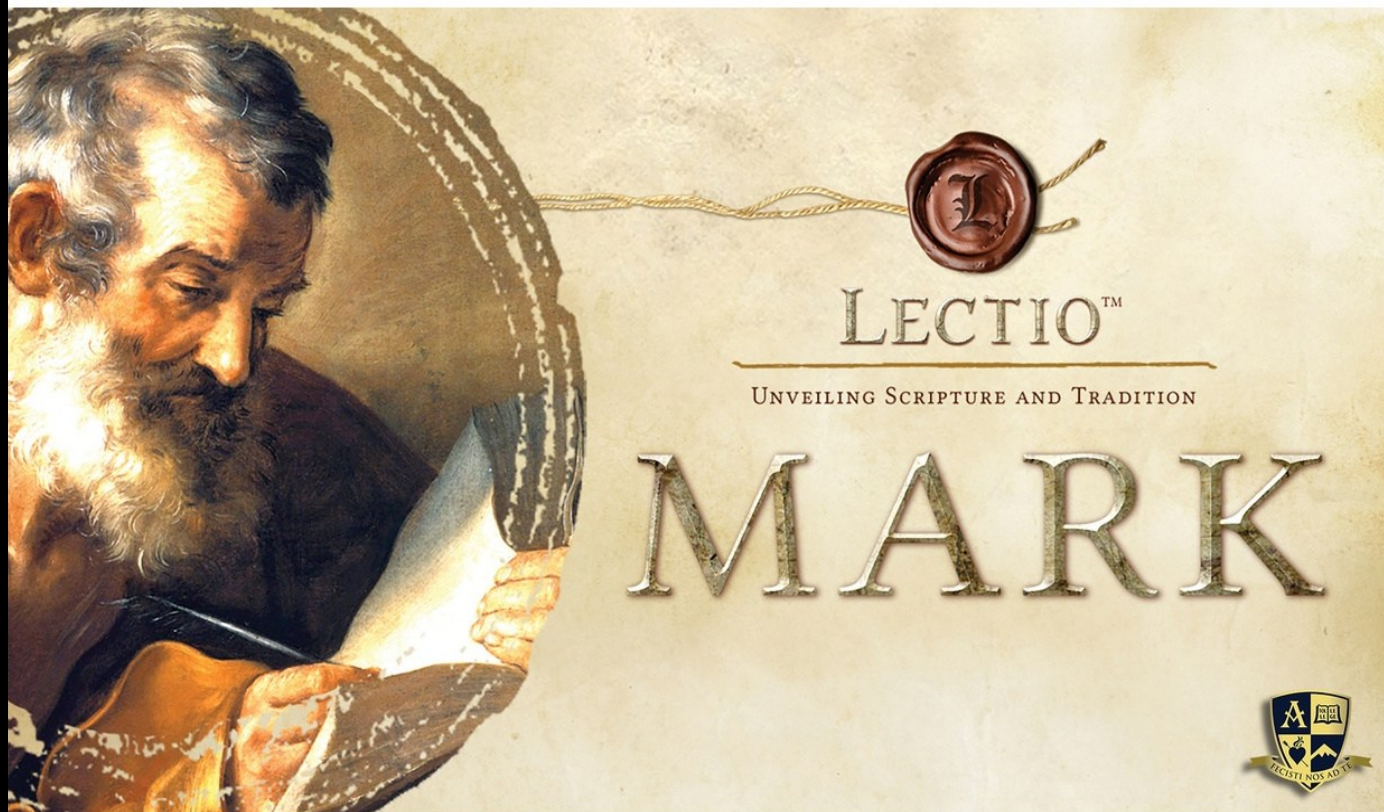


**battling it out in  
the British Columbia  
Christian Soccer League.**

<b>Date</b>	<b>Time</b>	<b>Team</b>	<b>Field</b>
April 13	9:15 PM	vs. Coquitlam Alliance	Burnaby Lake #1
April 17	8:45 PM	vs. Johnston Heights Church	Cloverdale Athletic Park #3
April 24	8:15 PM	vs. Coquitlam Alliance	Gates Park - Turf #2
May 1	9:15 PM	vs. St. Clare / OLA	Windsor Secondary
May 4	9:15 PM	vs. Calvary Baptist	Newton Athletic Park #6
May 8	9:15 PM	vs. St Clare / OLA	Gates Park - Turf #1
May 11	9:15 PM	vs. Riverside Calvary FC	Yorkson - NorthEast
May 22	9:15 PM	vs. Riverside Calvary FC	Burnaby Lakes #3
May 29	9:15 PM	vs. Johnston Heights Church	Burnaby Lakes #3
June 1	8:15 PM	vs. Calvary Baptist	Heritage Woods
June 5	8:45 PM	vs. Seaview FC	South Surrey Athletic Park #10
June 12	9:15 PM	vs. Seaview FC	Windsor Secondary

**We'd love to have you at our cheering  
section at all our games!**

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## Saint Mark the Evangelist

Just who is St. Mark, the author of this short but action-packed Gospel? Using outside sources, other books of the Bible, and the Gospel itself, Dr. Gray takes a closeup look at St. Mark, and his connection with St. Peter and the Christians of Rome.

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