



## St. Francis de Sales

6610 Balmoral Street, Burnaby, V5E 1J1  
Phone 604-434-1328



Email: [parish.sfds@rcav.org](mailto:parish.sfds@rcav.org) Website: [www.sfds.ca](http://www.sfds.ca)  
Parish Office Hours Monday to Friday 9am to 5 pm  
(Closed for Lunch from Noon to 1 pm)  
Facebook: @sfdsburnaby Instagram: @sfdsburnaby

**Sunday April 12, 2026**

**Pastor:**

Father Mark McGuckin

**Assistant Pastor:**

Father Lukose Kochupurackal CMF

**Deacons:**

Patrick Dwan & Alvin Rint

**Religious Education Coordinator:**

Marguerite Goldsmith  
[sfds.religioused@rcav.org](mailto:sfds.religioused@rcav.org)

**Parish Accountant:**

Theresa Inocentes

**Parish Secretary:**

Danka Mak

**Parish Administrative Assistant :**

Fiona Dwan

**Parish Bookkeeper:**

Lin Dou

**Parish School**

**School Principal:**

Mrs. Irene Wihak

Ornella Hatzisavva-Secretary

Phone: 604-435-5311

Fax: 604-434-4798

Email: [office@sfds.school](mailto:office@sfds.school)

Pre-School: 604-434-3311

**St. George's Melkite-Greek  
Catholic Mission**

Byzantine Rite Mass at 1:30 pm  
on Sundays

**Pastor:**

Fr. Ephrem Kardouh B.S.O.

Tel: 778-251-8270

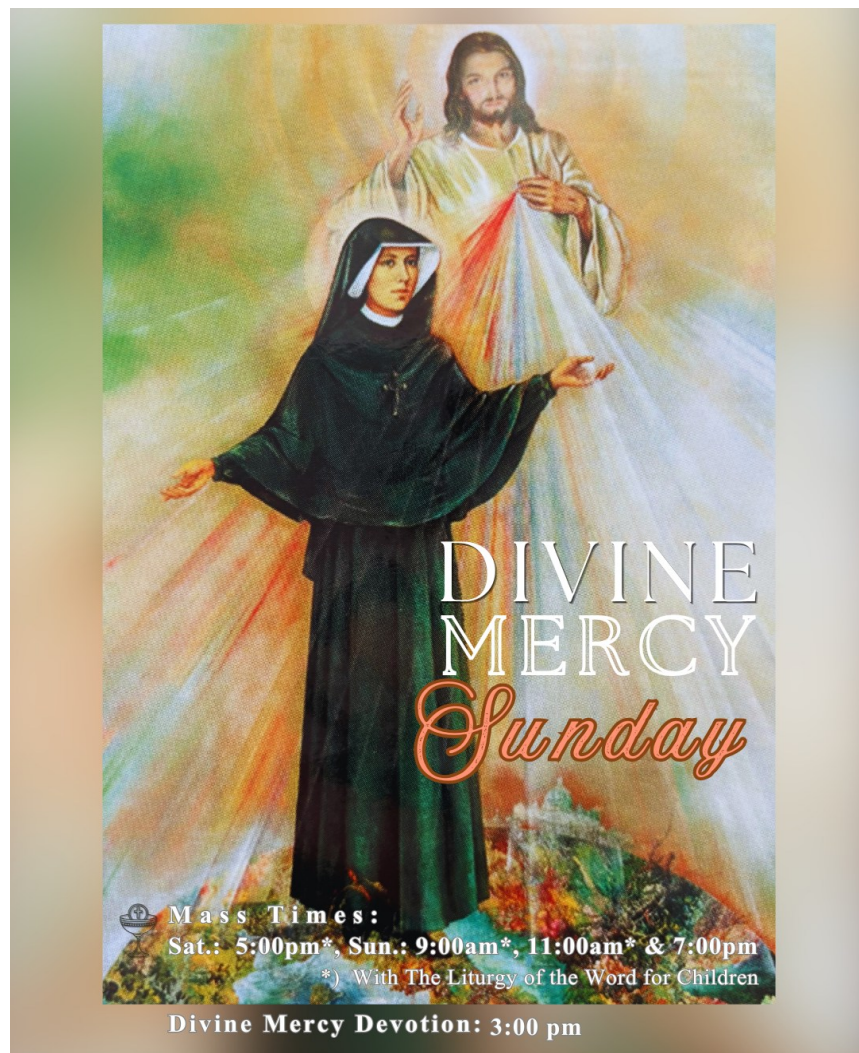
[office@stgeorgemelkitechurch.com](mailto:office@stgeorgemelkitechurch.com)

**St. Vincent de Paul Society**

Help Line: 604-434-1328

**Domestic Abuse**

Help Line: 604-640-7549



**Confessions:**

Monday to Friday  
7:55 am to 8:10 am

**Saturday**

9:30 am to 10:00 am  
4:00 pm to 4:45 pm

**By Appointment**

Please call the Parish  
Office. 604-434-1328

**Weekday Mass Schedule**

8:15am Monday-Friday  
9:10am Wednesday April 15  
(School Mass)  
9:00am Saturdays & Holidays

**Holy Hour**

Thursday mornings after Mass

*"Help me, O Lord, that my hands may be merciful and filled with good deeds, so that I may do only good to my neighbors."  
St. Faustina Kowalska*

## April 12, 2026 - Divine Mercy Sunday

Today, Divine Mercy Sunday, the Gospel recounts two apparitions of the Risen Jesus to his disciples, and in particular, to Thomas, the “doubting Apostle” (cf. *Jn 20:24-29*).

In reality, Thomas is not the only one who struggles to believe. In fact, he represents all of us a little bit. [...] He had followed Jesus for years, running risks and enduring discomforts. But the Teacher was put on a cross like a criminal, and no one freed him. No one did anything! He is dead and everyone is afraid. How can he trust again? How can he trust the news saying He is alive? There was doubt inside him.

Thomas, however, shows that he is courageous. While the others are closed up inside the Upper Room out of fear, he goes out, running the risk that someone might recognize, report and arrest him. We could even think that, with his courage, he would have deserved more than the others to meet the Risen Lord. Instead, precisely because he is away, Thomas is not there when Jesus appears to the disciples for the first time, on Easter evening, thus missing that opportunity. [...] When he returns, they tell him that Jesus had come, but he struggles to believe. He wants to see his wounds. And Jesus satisfies him: eight days later, he appears again in the midst of his disciples and shows them his wounds, his hands, his feet, these wounds that are the proof of his love, that are the ever-open channels of his mercy.

Let us reflect on these facts. In order to believe, Thomas wants an extraordinary sign — to touch the wounds. Jesus shows them to him, but *in an ordinary way, coming in front of everyone, in the community, not outside. As if saying to him: if you want to meet me, do not search far away; remain in the community, with the others, and don't go away. Pray with them. Break bread with them. And he says this to us as well. [...] It is there, in the community, that you will discover my face, as you share moments of doubt and fear with your brothers and sisters, clinging even more strongly to them. Without the community, it is difficult to find Jesus.*

[...] We, where do we seek the Risen One? In some special event, in some spectacular or amazing religious manifestation, only in our emotions and feelings? Or rather in the community, in the Church, accepting the challenge of staying there, even though she (the Church) is not perfect? Despite all of her limitations and failures, which are our limitations and failings, our Mother Church is the Body of Christ. And it is there, in the Body of Christ, that, still now and forever, the greatest signs of his love can be found impressed. [...]

## We Welcome and Congratulate

Alexander & Blake Wu  
&  
Isaac John Uy

Baptized in our parish this weekend



Celebration of Diversity and Unity in the Community

# 4th Annual SFDS SPRING FAIR

23 MAY 2026  
10AM - 5PM

LIVE PERFORMANCES | FOOD  
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QR code

SFDS SPRING FAIR logo

## Spring Fair Early Bird Tickets Are Live!

We've got awesome **Ticket Bundles** designed for the entire family! Don't wait! Secure your spot early and save big on the year's best family fun event. Discounted tickets are available for a limited time only! Buy Now: <https://www.zeffy.com/en-CA/ticketing/4th-annual-sfds-spring-fair-ticket-sales>

Follow us on social media for all the latest updates!

Instagram: [@sfdsspringfair](https://www.instagram.com/sfdsspringfair)

Facebook: [@sfdsspringfair](https://www.facebook.com/sfdsspringfair)



# GAME SOCIAL

Monday, April 13 (2-4pm)  
free admission/snack

BINGO

1	12	21	31	42
5	14	22	32	44
7	17	25	33	46
10	19	28	40	50

Your paragraph text

Handwritten characters: 中, 中

Handwritten letters: B, A

Playing cards: Ace of Spades, King of Clubs, Queen of Hearts

Abacus

## Catholic Youth Conference “Called, Chosen, Sent”

CYC welcomes high school youth in grades 8-12 and the adults who are journeying with them as their parish youth ministry leaders, teachers, and mentors. This full-day event will include a keynote speaker, smaller breakout sessions, time for prayer, praise & worship music, food, and opportunities for you to interact with other youth from around our Archdiocese. May 2, 10:00 am to 9:00 pm at Archbishop Carney Secondary School, Port Coquitlam. This event only accepts group registrations. **Register by April 17 and receive free t-shirts.** Volunteer opportunities available. Learn more at [cyc.rcav.org](http://cyc.rcav.org).



## Knights of Columbus Pancake Breakfast 2026

Next Sunday April 19  
After 9 am & 11 am Masses

We Accept Payment by  
Credit, Debit  
& E-Transfer



*"In the mercy of God the world will find peace and mankind will find happiness." Pope John Paul II*

# Come cheer on our SFDS FLAMES



battling it out in the British Columbia Christian Soccer League.

Date	Time	Team	Field
April 13	9:15 PM	vs. Coquitlam Alliance	Burnaby Lake #1
April 17	8:45 PM	vs. Johnston Heights Church	Cloverdale Athletic Park #3
April 24	8:15 PM	vs. Coquitlam Alliance	Gates Park - Turf #2
May 1	9:15 PM	vs. St. Clare / OLA	Windsor Secondary
May 4	9:15 PM	vs. Calvary Baptist	Newton Athletic Park #6
May 8	9:15 PM	vs. St. Clare / OLA	Gates Park - Turf #1
May 11	9:15 PM	vs. Riverside Calvary FC	Yorkson - NorthEast
May 22	9:15 PM	vs. Riverside Calvary FC	Burnaby Lakes #3
May 29	9:15 PM	vs. Johnston Heights Church	Burnaby Lakes #3
June 1	8:15 PM	vs. Calvary Baptist	Heritage Woods
June 5	8:45 PM	vs. Seaview FC	South Surrey Athletic Park #10
June 12	9:15 PM	vs. Seaview FC	Windsor Secondary

We'd love to have you at our cheering section at all our games!

# Life in Spirit Seminar



SCAN TO REGISTER

Apr. 22	Week 1	GOD'S LOVE	Led by	Fr. Arsene Dutunge
Apr. 29	Week 2	SALVATION	Led by	Fr. Médard Kamanzi
May 6	Week 3	NEW LIFE	Led by	Fr. Ephrem Kardouh
May 13	Week 4	RECEIVING GOD'S GIFT	Led by	Fr. Mark McGuckin
May 20	Week 5	BAPTISM IN THE HOLY SPIRIT	Led by	Fr. Dieudonné Bigirimana, OP
May 27	Week 6	GROWTH	Led by	Fr. Tom Smith
Jun. 3	Week 7	TRANSFORMATION	Led by	Fr. Mark Schwab

Every Wednesday at 7 pm | Apr. 22 - Jun. 3 | St. Francis de Sales, Parish Hall

Life in the Spirit Seminars are designed as an introduction to a life lived in the power of the Holy Spirit. They provide an opportunity for people to find out more about that life, and to be helped in taking the first steps of a new relationship with the Lord. If you want to make this grace-filled journey with us here at SFDS in the late winter/early spring, scan the QR code on the poster in the entrance of the Church.

## Religious Articles from the Holy Land

After Mass on the weekend of April 18/19 there will be religious olive wood carvings on display in the entrance of the church. These articles are hand crafted by the Christians of the Holy land who are seeking your support today to assist them in staying rooted in the land of Christ. **70 years ago, the Christian population was 20 % of the whole population, now they are only 1.0%.** It is also a way of preserving a local cultural heritage which is in danger of being lost as a more Christians feel pressured to leave their homeland for economic and political reasons. These religious articles can be used as gifts for first communions, Christmas and other occasions. In addition, some of these articles can be used as a means of praying and providing comfort, strength, and even hope for people who are suffering. **Please note that ONLY CASH is accepted as payment at this time.**



Thanks again for your support and God Bless.

St. Francis de Sales

## SPRING Plant SALE

Fundraiser

**Order by:**  
April 21  
(by 7 pm)

**Pickup on:**  
May 6 & 7  
(Wed & Thur)

**Great chance to win your Pilates class pass!**

https://stfrancisdesaleschool.growingsmilesfundraising.com



# THE SEARCH



*EXPLORE SOME OF LIFE'S BIGGEST QUESTIONS*

All Highschool Students and  
Young Adults welcome!  
Open to ages 13-26

Monday Nights  
from 7:00PM-9:30PM

**Fun activities** following the  
small group discussions!

*REGISTER  
NOW!*



APRIL 13 <sup>TH</sup>	EPISODE 1: "WHAT DO YOU SEEK?"
APRIL 27 <sup>TH</sup>	EPISODE 2: "WHO ARE YOU?"
MAY 11 <sup>TH</sup>	EPISODE 3: "WHY A GOD?"
MAY 25 <sup>TH</sup>	EPISODE 4: "WHATS OUR STORY?"
JUNE 8 <sup>TH</sup>	EPISODE 5: "WHO IS JESUS?"
JUNE 22 <sup>ND</sup>	EPISODE 6: "AM I SAVED?"
JULY 6 <sup>TH</sup>	EPISODE 7: "WHY A CHURCH?"



## Divine Mercy Chaplet | Franciscan Friars of the Renewal

Consider praying the Chaplet of Divine Mercy in a new way with the Franciscan Friars of the Renewal. This video on Formed includes breathtaking footage of Catholics across the world performing works of mercy and asking God to have mercy on us.

Our parish has a free Formed subscription for you!  
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