



St. Francis de Sales

6610 Balmoral Street, Burnaby, V5E 1J1
Phone 604-434-1328



Email: parish.sfds@rcav.org Website: www.sfds.ca

Parish Office Hours Monday to Friday 9am to 5 pm
(Closed for Lunch from Noon to 1 pm)

Facebook: @sfdsburnaby Instagram: @sfdsburnaby

Sunday December 28, 2025

Pastor:

Father Mark McGuckin

Assistant Pastor:

Father Lukose Kochupurackal CMF

Deacons:

Patrick Dwan & Alvin Rint

Religious Education Coordinator:

Marguerite Goldsmith
sfds.religioused@rcav.org

Parish Accountant:

Theresa Inocentes

Parish Secretary:

Danka Mak

Parish Administrative Assistant :

Fiona Dwan

Parish Bookkeeper:

Lin Dou

Parish School

School Principal:

Mrs. Irene Wihak

Ornella Hatzisavva-Secretary

Phone: 604-435-5311

Fax: 604-434-4798

Email: office@sfds.school

Pre-School: 604-434-3311

St. George's Melkite-Greek Catholic Mission

Byzantine Rite Mass at 1:30 pm
on Sundays

Pastor:

Fr. Ephrem Kardouh B.S.O.

stgeorgesmelkite@hotmail.com

Website: <http://gm.rcav.org>

St. Vincent de Paul Society

Help Line: 604-434-1328

Domestic Abuse

Help Line: 604-640-7549

Confessions:

Monday to Friday
7:55 am to 8:10 am

Saturday

9:30 am to 10:00 am
4:00 pm to 4:45 pm

By Appointment

Please call the Parish
Office. 604-434-1328

Weekday Mass Schedule

8:15 am Monday-Friday
7:00 pm First Friday January 2
9:00 am Saturday's & Holidays

Holy Hour

Thursday mornings after Mass
First Friday's at 6 pm

The Solemnity of the Holy Family of
Jesus, Mary and Joseph

Holy Family Sunday Masses:
Dec. 27: 5:00 pm
Dec. 28: 9:00 am
Dec. 28: 11:00 am
Dec. 28: 4:00 pm (Mass in Swahili)
Dec. 28: 7:00 pm

"The family is placed at the center of the great struggle between good and evil, between life and death, between love and all that is opposed to love." Pope John Paul II

Feast of the Holy Family - December 28, 2025

A word from our late Holy Father Pope Francis: On this first Sunday after Christmas, [...] the Gospel presents the Holy Family to us on the sorrowful road of exile, seeking refuge in Egypt. Joseph, Mary and Jesus experienced the tragic fate of refugees, which is marked by fear, uncertainty and unease (cf. Mt 2:13-15; 19-23). Unfortunately, in our own time, millions of families can identify with this sad reality. [...]

In distant lands, even when they find work, refugees and immigrants do not always find a true welcome, respect and appreciation for the values they bring. Their legitimate expectations collide with complex and difficult situations which at times seem insurmountable. Therefore, as we fix our gaze on the Holy Family of Nazareth as they were forced to become refugees, let us think of the tragedy of those migrants and refugees who are victims of rejection and exploitation, who are victims of human trafficking and of slave labour. [...]

Jesus wanted to belong to a family who experienced these hardships, so that no one would feel excluded from the loving closeness of God. The flight into Egypt caused by Herod's threat shows us that God is present where man is in danger, where man is suffering, where he is fleeing, where he experiences rejection and abandonment; but God is also present where man dreams, where he hopes to return in freedom to his homeland and plans and chooses life for his family and dignity for himself and his loved ones.

Today our gaze on the Holy Family lets us also be drawn into the simplicity of the life they led in Nazareth. It is an example that does our families great good, helping them increasingly to become communities of love and reconciliation, in which tenderness, mutual help, and mutual forgiveness is experienced. [...] In our family, when we are not intrusive and ask "may I", in our family when we are not selfish and learn to say "thank you", and when in a family one realizes he has done something wrong and knows how to say "sorry", in that family there is peace and joy. [...] I would also like to encourage families to become aware of the importance they have in the Church and in society. The proclamation of the Gospel, in fact, first passes through the family to reach the various spheres of daily life.

Let us fervently call upon Mary Most Holy, the Mother of Jesus and our Mother, and St Joseph her spouse. Let us ask them to enlighten, comfort and guide every family in the world, so that they may fulfil with dignity and peace the mission which God has entrusted to them.

We Welcome and Congratulate

Emilio Sandoval Valdivia

Baptized in our parish this weekend

Swahili Mass Schedule all start times at 4:00pm

Sun., Dec. 28, 2025

Holy Family Sunday

Sun., Jan. 18, 2026

Sun., Feb. 15, 2026

Sun., Mar. 15, 2026

Sun., Apr. 19, 2026

Sun., May 17, 2026

Wed., Jun. 3, 2026 (at 7:00pm)

Feast Day of St. Charles Lwanga

Sun., Jun 21, 2026



World Youth Day 2027 - Information Session

This online information session will give more insight and information regarding the World Youth Day event in Korea from August 3-8, 2027. Zoom sessions will be held on January 14 at 12:00 noon and 4:00 p.m. Register at beholdvancouver.org/events.

SENIOR LUNCH

BEEF/CHICKEN BURGER, FRIES & SALAD

JAN. 12, 2026

deadline: Jan 8 Thursday



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The Art of Rest: Hope, Faith, and Light in the

Darkness Take time to rest during Advent and after the busyness of Christmas. Experience the gift of meditative prayer and expression through water colour painting. We will also dialogue with the Lord through journaling. This workshop series is for those who want to take an intentional pause for reflection. **Saturday, January 24, 11:00 a.m. to 1:00 p.m. at Holy Angels building, Gardens of Gethsemani.** Register by January 21 at beholdvancouver.org/events.

Start 2026 off on the right foot! This is a call for all those who have YET to try Alpha before. Register today!... Do you like FREE, delicious food...Do you have someone in your life who isn't that close to God and who may wish to accompany you to our Alpha nights in our church hall? Can you commit to **Thursday evenings (6:30pm to 8:30pm) from early January to late March (Not including Spring Break)?** If so you GOTTA JOIN US!!... To register please visit our website www.sfds.ca or scan the QR code on the poster in the entrance of the church. **Please note free childcare will be available.**

New Year NEW YOU with Alpha

11 consecutive Thursday nights (6:30pm to 8:30pm) starting on **January 8, 2026**

SCAN TO REGISTER

SFDS Youth Presents...

Christmas Movie Night!

And gingerbread decorating!

Dec. 29th

7:30 Welcome!
7:45 Movie Starts
9:30 End

UPCOMING MASS SCHEDULE (Christmas Season)

Holy Family Sunday Masses:

- Dec. 27: 5:00 pm
- Dec. 28: 9:00 am
- Dec. 28: 11:00 am
- Dec. 28: 4:00 pm (Mass in Swahili)
- Dec. 28: 7:00 pm

New Year's Day Masses:

- Solemnity of Mary, the Mother of God**
- Dec. 31: 5:00 pm
- Eucharistic Adoration to ring in the New Year (11:00 pm to midnight)**
- Jan 1: 9:00 am
- Jan 1: 11:00 am
- Jan 1: 7:00 pm

SFDS next youth night will be on **Monday December 29, at 7:30pm** in the parish hall. Entry is free, just show up, hangout and enjoy some snacks. December 29, will be movie night, please bring a blanket. **For ages 15 to 25 years.** Hope to see you there!

Rosary for Peace with Archbishop Smith

Join Archbishop Richard Smith at Holy Rosary Cathedral on Saturday, January 3 at 11:00 a.m. to pray the Rosary for peace, especially for those suffering in the Holy Land, Ukraine, and around the world. Attend in person or join the livestream as we entrust our petitions to Mary, Queen of Peace. Parish groups, schools, youth and young adult groups, and prayer groups are encouraged to take part. Consider making this part of your pilgrimage to the Cathedral during the Jubilee Year of Hope. Learn more at beholdvancouver.org/events.

Unique Call of Women in the Church: Fiat Young Adult Catholic Women's Group

Join the Religious Sisters of the Archdiocese of Vancouver as we dive into the unique contributions of women saints in a four-part series. The next presentation focuses on St. Joan of Arc, with discussion, reflection, and a themed dessert to follow.

All Catholic women ages 18-35 discerning God's will in their lives are welcome! On Friday, January 23, 6:00 p.m. to 8:30 p.m. at the Franciscan Sisters of the Eucharist convent (2811 Venables St. Vancouver). Register at beholdvancouver.org/events.

"Jesus, Mary and Joseph, in you we contemplate the splendor of true love, to you we turn with trust." Pope Francis.

This Week on Formed

Week of December 28, 2025



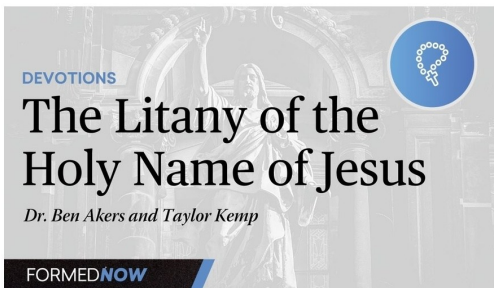
New Year's Resolutions | The Augustine Institute Show

What's your resolution this year? Dr. Tim Gray welcomes Dr. Scott Hefelfinger, Assistant Professor of Theology in the Augustine Institute Graduate School of Theology, to celebrate one year of the Augustine Institute Show!



The Holy Family

We are excited to announce our series of FORMED Now! Christmas and New Year special episodes. In these episodes, professors from the Augustine Institute Graduate School will lead us in reflections throughout the season!



Litany of the Holy Name of Jesus

Join Dr. Ben Akers and Taylor Kemp as we celebrate the feast of The Most Holy Name of Jesus with this litany prayer of the Holy Name.

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