



## St. Francis de Sales

6610 Balmoral Street, Burnaby, V5E 1J1  
Phone 604-434-1328

Email: [parish.sfds@rcav.org](mailto:parish.sfds@rcav.org) Website: [www.sfds.ca](http://www.sfds.ca)  
Parish Office Hours Monday to Friday 9am to 5 pm  
(Closed for Lunch from Noon to 1 pm)  
Facebook: sfdsburnaby Instagram: sfdsburnaby



### Pastor:

Father Mark McGuckin

### Assistant Pastor:

Father Médard Kamanzi

### Deacon:

Patrick Dwan

### Religious Education Coordinator:

Marguerite Goldsmith  
[sfds.religioused@rcav.org](mailto:sfds.religioused@rcav.org)

### Parish Accountant:

Theresa Inocentes

### Parish Secretary:

Danka Mak

### Parish Administrative Assistant :

Fiona Dwan

### Parish School

#### School Principal:

Mrs. Irene Wihak

Ornella Hatzisavva-Secretary

Phone: 604-435-5311

Fax: 604-434-4798

Email: [office@sfds.school](mailto:office@sfds.school)

Pre-School: 604-434-3311

### St. George's Melkite-Greek Catholic Mission

Byzantine Rite Mass at 1:30 pm on Sundays

Pastor: Fr. Edward Ibrahim

778-251-8270

[stgeorgesmelkite@hotmail.com](mailto:stgeorgesmelkite@hotmail.com)

Website: <http://gm.rcav.org>

### St. Vincent de Paul Society

Help Line: 604-434-1328

### Domestic Abuse

Help Line: 604-640-7549

### Confessions:

Monday to Friday

7:55 am to 8:10 am

### Saturday

9:30 am to 10:00 am

4:00 pm to 4:45 pm

### By Appointment

Please call the Parish Office.  
604-434-1328

### Weekday Mass Schedule

8:15 am Monday-Friday

9:00 am Monday July 1

7:00 pm Friday July 5

9:00 am Saturday's & Holidays

### Holy Hour

Thursday mornings after Mass

First Friday's at 6 pm

**12th Sunday**  
IN ORDINARY TIME

*Mass Times: Saturday: 5:00pm\*, Sunday: 9:00am\*, 11:00am & 7:00pm*  
\*) with The Liturgy of the Word for Children

*If we wish to make any progress in the service of God we must begin every day of our life with new eagerness. We must keep ourselves in the presence of God as much as possible and have no other view or end in all our actions but the divine honor. - Saint Charles Borromeo*

## 13th Sunday of Ordinary Time A word from our Holy Father, Pope Francis:

In the Gospel today (cf. Mk 5:21-43) Jesus encounters our two most dramatic situations, death and disease. He frees two people from them: a little girl, who dies just as her father has gone to ask Jesus' help; and a woman, who has had blood loss for many years. Jesus lets himself be touched by our suffering and our death, and he works two signs of healing to tell us that neither suffering nor death have the last word. He tells us that death is not the end. He defeats this enemy, from which alone we cannot free ourselves. [...]

[Let's draw our focus to] the story of this nameless woman — let us call her this way, “the nameless woman” — in whom we can all see ourselves, is exemplary. The text says that she had tried many treatments, “had spent all that she had, and was no better but rather grew worse” (v. 26). We too, how often do we throw ourselves into mistaken remedies to satisfy our lack of love? We think that success and money make us happy, but love cannot be bought; it is free. We hide in the virtual, but love is tangible. We do not accept ourselves as we are and we hide behind external facades, but love is not an appearance. We look for solutions from wizards and from holy men, to then find ourselves without money and without peace, like that woman. Finally, she chooses Jesus and throws herself into the crowd to touch Jesus' garment. In other words, that woman seeks direct contact, physical contact with Jesus. [...]

Jesus does not stop at appearances, but reaches the heart. And he heals precisely the one who had been rejected by everyone, an impure woman. He tenderly calls her “daughter” (v. 34) — Jesus' style was closeness, compassion and tenderness: “Daughter...” — and he praises her faith, restoring her self-confidence.

Sister, brother, you are here, let Jesus look at and heal your heart. I too have to do this: let Jesus look at my heart and heal it. And if you have already felt his tender gaze upon you, imitate him, and do as he does. Look around: you will see that many people who live beside you feel wounded and alone; they need to feel loved: take the step.



**We Welcome and Congratulate**

*Sofia Vida Gerardo Navas*

**Baptized in our parish this weekend**

### Grotto of Our Lady of Lourdes Pilgrimage

St. Joseph's Parish (Mission) invites you to the Grotto of Our Lady of Lourdes at historic Fraser River Heritage Park (7494 Mary Street, Mission) to celebrate the Holy Eucharist in honour of Our Lady, on Saturday, August 17, 2024 at 1 pm. Main Celebrant will be the Most Rev. J. Michael Miller, CSB, Archbishop of Vancouver, Confessions will be heard on site between 10 am and 1 pm. After Mass, procession to the Grotto where the Rosary is prayed and then Benediction of the Most Blessed Sacrament. Time for picnic and fellowship. Please bring your own picnic lunch and chairs. For bus information, please contact the Bus Coordinator in your parish or email: [info@aquinasinsitute.ca](mailto:info@aquinasinsitute.ca)  
For more information please see the poster in the entrance of the church. Visit [www.MissionsGrotto.com](http://www.MissionsGrotto.com)

**SFDS Charismatic Prayer Group** Please note the prayer group is cancelled next week, **July 3**, due to floor waxing in the parish hall. We will resume on **Wednesday July 10**.



**Soccer Playing Phenoms of SFDS!!**  
Ages 13 to 99 can apply!

**Attention**

**CHRISTIAN SOCCER LEAGUE**

<https://sfds.ca/announcements/christian-soccer-league>

**We need your talent for our new competitive co-ed team.**

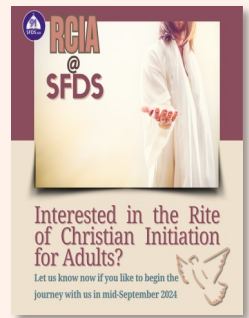
Dust of the cleats, stretch out the hamstrings, and bring your 'A' game, brothers & sisters! At present, we're gearing up for the 2025 Christian Soccer League Season by adding a SFDS co-ed team to the league. To be sure...we will be assembling a competitive squad, high level skill will be warmly welcomed, and we're looking for a good balance of youthful exuberance and veteran savvy. Our brothers-in-Christ, Mr. Franco Caligiuri & Fr. Médard Kamanzi are spearheading this effort and we want to know if YOU (and or/a loved one) has what it takes to be part of this inaugural team and...eventually...elevate us to championship status. To sign up please see our e-newsletter or visit our website.

During the weekend of **July 7**, we will publish our “In Loving Memory” column for our loved ones who passed away in the month of July. If you wish to have someone included in this column, please phone or email the parish office by **Wednesday July 3**.



Our Parish Religious Education Program (PREP) for our public school kids has reached a conclusion for this year... BUT we're already gearing up for next year!! Early registrations are now open, please help us to spread the word. Propelled by the Holy Spirit, please help us direct more public elementary school students and families to PREP. Visit our website [www.sfds.ca](http://www.sfds.ca)

## Rite of Christian Initiation for Adults



† Are you asking some of life's most burning questions, such as: Why am I here? What is the purpose of life? What does the Church teach about this or that? Where does God fit into my life and is He interested?

† Are you interested in becoming a Catholic?

† Has it been a long time since you have been to Church and are looking to update understanding of the Catholic faith?

† Have you been a Catholic all your life but have not been Confirmed?

*If these thoughts and more have been on your mind lately, then maybe you should check out the upcoming RCIA sessions. Start thinking now of joining or inviting a few friends.*

**RCIA will resume mid September from 7-9pm** in the parish hall.

Please contact the parish office to register and for more information. 604-434-1328

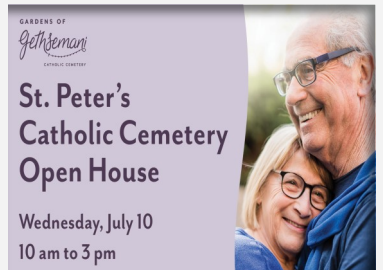
**"There is nothing small in the service of GOD"**  
 -St. Francis de Sales

**DONATE** 

**PROJECT ADVANCE 2024** Building our Parish Community

This year, our campaign is directed to enhancing / renovating key parts of our parish hall, making it more attractive to all the thousands who utilize the space over the course of the year AND ... we need to secure more initial funds to help get our developing regional teen ministry program off the ground in 2024.

## Save 20% Off Sacred Burial Space - St. Peter's Open House



St. Peter's Catholic Cemetery is hosting an open house on Wednesday, July 10 from 10:00 a.m. to 3:00 p.m. This

is an opportunity to tour the grounds and learn more about what pre-need burial arrangement options are available. Open house attendees who are archdiocesan parishioners can save 20% off burial space. Please inquire with an on-site advisor. Learn more at [rccav.org/events](http://rccav.org/events).

## Archdiocesan Mass for Civilly Married Couples:

Are you married outside the Catholic Church? Would you like to regularize your union so you can receive the sacraments once again? Now, you have a great opportunity as Archbishop Miller celebrates the Mass Wedding for civilly married couples. It will be a beautiful community celebration that will cost very little for the individual couples! For more information, please contact Deacon Raul Abella at [rabella@rccav.org](mailto:rabella@rccav.org) or 778-512-9163 On Saturday, September 21, 1:30 p.m. at St. Paul's Parish in Richmond. **Registration deadline: Sunday, July 21.**



# THIS WEEK ON **FORMED**

Week of June 30, 2024



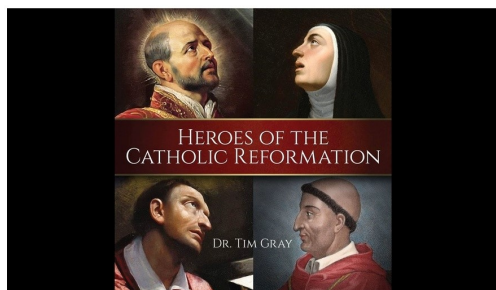
## Can Almsgiving Atone for Sin?

This Bible study will focus on the biblical teaching about the merit God associates with almsgiving, from the OT to the NT. We will also touch on how Luther's Reformation changed the Christian tradition and how that relates to Scripture.



## Maria Goretti: The Story of the Patroness of Modern Youth

Learn more about the holy life and martyrdom of St. Maria Goretti in this moving documentary. In particular, the film highlights her ultimate act of love: forgiving her murderer on her deathbed.



## Heroes of the Catholic Reformation by Dr. Tim Gray

Dr. Tim Gray provides fascinating insights about the Protestant Reformation and the ensuing Catholic Counter-Reformation.

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