

Father Mark McGuckin

Assistant Pastor:

Father Médard Kamanzi

Deacon:

Patrick Dwan

Religious Education Coordinator:

Marguerite Goldsmith

sfds.religioused@rcav.org

Parish Accountant:

Theresa Inocentes

Parish Secretary:

Danka Mak

Parish School
School Principal:

Mrs. Irene Wihak

Ornella Hatzisavva-Secretary

Phone: 604-435-5311 Fax: 604-434-4798 Email: office@sfds.school Pre-School: 604-434-3311

St. George's Melkite-Greek Catholic Mission

Byzantine Rite Mass at 1:30 pm

on Sundays

Pastor: Fr. Edward Ibrahim

778-251-8270

stgeorgesmelkite@hotmail.com Website: http://gm.rcav.org

St. Vincent de Paul Society Help Line: 604-434-1328

Domestic Abuse

Help Line: 604-640-7549

Confessions:

Monday to Friday 7:55 am to 8:10 am

Saturday

9:30 am to 10:00 am 4:00 pm to 4:45 pm

By Appointment

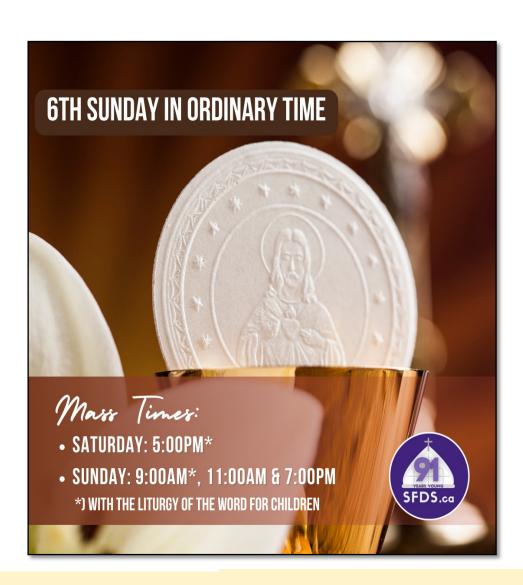
Please call the Parish Office. 604-434-1328

St. Francis de Sales

6610 Balmoral Street, Burnaby, V5E 1J1
Phone 604-434-1328

Email: parish.sfds@rcav.org Website: www.sfds.ca
Parish Office Hours Monday to Friday 9am to 5 pm
(Closed for Lunch from Noon to 1 pm)
Facebook: sfdsburnaby Instagram: sfdsburnaby





Weekday Mass Schedule

8:15 am Monday-Friday 9:00 am Saturday's & Holidays

Holy Hour

Thursday mornings after Mass First Friday's at 6 pm

"The purpose of Lent is not to force on us a few formal obligations, but to 'soften' our heart so that it may open itself to the realities of the spirit, to experience the hidden 'thirst' for communion with God."

Pope John Paul II

Sunday, February 11 Mark 1:40-45

A leper came to Jesus. (Mark 1:40)

Jesus' disciples must have recoiled when they saw the man approaching. Everyone feared the dreaded disease that he was obviously suffering from. Sure, showing signs of leprosy would make someone ritually unclean (Leviticus 13:46). But it was also deadly and thought to be contagious. That's why the Book of Leviticus had so many regulations to keep those suffering from leprosy isolated from society. No one wanted to risk contracting the disease!

So why did Jesus reach out to touch this man? Why didn't he shrink back or turn aside? Because he was not afraid of the disease or the uncleanness. He could not be harmed or made unclean by any infirmity. Quite the opposite, Jesus had come to heal and restore all people. He could see beyond the disease and reach out to cleanse this beloved child of God. And by healing him, Jesus brought the man back into society. Jesus isn't afraid to reach out to us, either. While we might not be afflicted with leprosy, there is something that can cut us off from God and isolate us from other people, our sin. But on the cross, Jesus took on himself our sins and those of the whole world. By his resurrection, he destroyed the power of sin and death. Sin has no hold on him, and he does not fear it. Each time we come to him in repentance, seeking healing and restoration, he replies to us as he did to the man with leprosy, "I do will it. Be made clean" (Mark 1:41).

So come to Jesus with your sins. Bring to him your isolation and suffering. He wont pull away from you. He is the pure One who removes all of your impurity. He is the holy One who takes on your sin and strips it of its power over you. Like the man suffering from leprosy, don't be afraid to approach Jesus. Let him bring you restoration and healing!





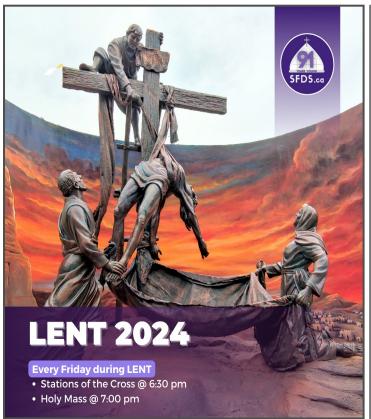
Baptisms in Our Parish We welcome and Congratulate

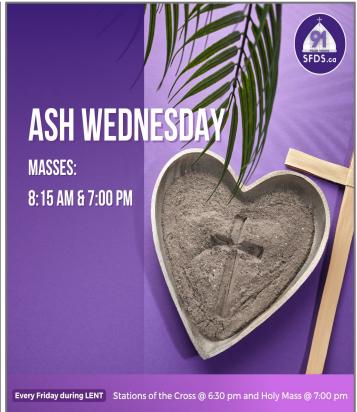
Ethan Anthony Lawlor
Baptized in our parish this weekend

Please note the Prayer Group will be cancelled on Ash Wednesday February 14.











40 DAYS FOR LIFE CAMPAIGN LENTEN CAMPAIGN 2024

The campaign for Vancouver 40 Days for Life will take place from Ash Wednesday, February 14 to Sunday, March 24 this year. We encourage all parishioners and their families to take part in this year's campaign. Our parish date is on **Saturday March 23, from 7am to 6 pm.** Please consider spending at least one hour or more on March 23rd to stand and pray outside the legal zone of BC Woman's Hospital, as witness to the sanctity of life. Invite your families and friends to support this important endeavor to speak up for the unborn human babies, who have no voice of their own.

Sign up sheets will be available at the back of the Church starting Saturday February 17 after the 5 pm Mass.

There will be a special Mass to kick-off this year's campaign on Tuesday, February 13 at 11 pm in the JPII Centre Chapel. Note the doors will be locked at 11 pm so please arrive by 10:55 pm at the latest. Mass will be followed by Rosary in front of St. Joseph Residence on Willow St at 32nd Avenue.



Articles from the Holy Land February 24/25

On the weekend of February 24 & 25, after the 5 pm, 9 am & 11am Masses, we will have available for purchase in the entrance of the Church, religious olive wood carvings. These articles are hand crafted by the Christians of the Holy land who are seeking your support today to assist them in staying rooted in the land of Christ. 70 years ago, the Christian population was 20 % of the whole population, now they are only 1.0%.

It is also a way of preserving a local cultural heritage which is in danger of being lost as a more Christians feel pressured to leave their homeland for economic and political reasons. These religious articles can be used as gifts for first communions, Christmas and other occasions. In addition, some of these articles can be used as a means of praying and providing comfort, strength, and even hope for people who are suffering.

Please note that that ONLY CASH, E-TRANSFER, OR CHEQUES ARE accepted as payment at this time.

Thanks again for your support, and God Bless.



Week of February 11, 2024



Whole 40: Making a Spiritual Plan for Lent

Sit down with Dr. Ben Akers and Dr. Elizabeth Klein to discuss the purpose of the season of Lent, how to prepare for it, and why it is such a fruitful season in our life of faith.



The Story of Death | Eternal Rest | Episode 1

Where did death come from? What does death mean for the human person? Is it simply just part of life, or is it something else? In this first session, we discuss the story of death and God's response to it: defeating death by dying and rising from the dead.



The Spirituality of Lent

Looking to take Lent more seriously this year? Join Tim Gray for ideas for a Lenten spirituality.

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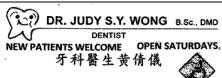
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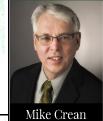
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