



## St. Francis de Sales

6610 Balmoral Street, Burnaby, V5E 1J1

Phone 604-434-1328

Email: [parish.sfds@rcav.org](mailto:parish.sfds@rcav.org) Website: [www.sfds.ca](http://www.sfds.ca)

Parish Office Hours Monday to Friday 9am to 5 pm  
(Closed for Lunch from Noon to 1 pm)

Facebook: sfdsburnaby Instagram: sfdsburnaby



### Pastor:

Father Mark McGuckin

### Assistant Pastor:

Father Médard Kamanzi

### Deacon:

Patrick Dwan

### Religious Education Coordinator:

Marguerite Goldsmith

[sfds.religiouused@rcav.org](mailto:sfds.religiouused@rcav.org)

### Parish Accountant:

Theresa Inocentes

### Parish Secretary:

Danka Mak

### Parish Administrative Assistant :

Fiona Dwan

### Parish School

#### School Principal:

Mrs. Irene Wihak

Ornella Hatzisavva-Secretary

Phone: 604-435-5311

Fax: 604-434-4798

Email: [office@sfds.school](mailto:office@sfds.school)

Pre-School: 604-434-3311

### St. George's Melkite-Greek

#### Catholic Mission

Byzantine Rite Mass at 1:30 pm  
on Sundays

Pastor: Fr. Edward Ibrahim

778-251-8270

[stgeorgesmelkite@hotmail.com](mailto:stgeorgesmelkite@hotmail.com)

Website: <http://gm.rcav.org>

### St. Vincent de Paul Society

Help Line: 604-434-1328

### Domestic Abuse

Help Line: 604-640-7549

### Confessions:

Monday to Friday

7:55 am to 8:10 am

### Saturday

9:30 am to 10:00 am

4:00 pm to 4:45 pm

### By Appointment

Please call the Parish Office.

604-434-1328

### Weekday Mass Schedule

8:15 am Monday-Friday

9:00 am Saturday's & Holidays

9:00 am Monday April 1

9:15 am April 5 (School Mass)

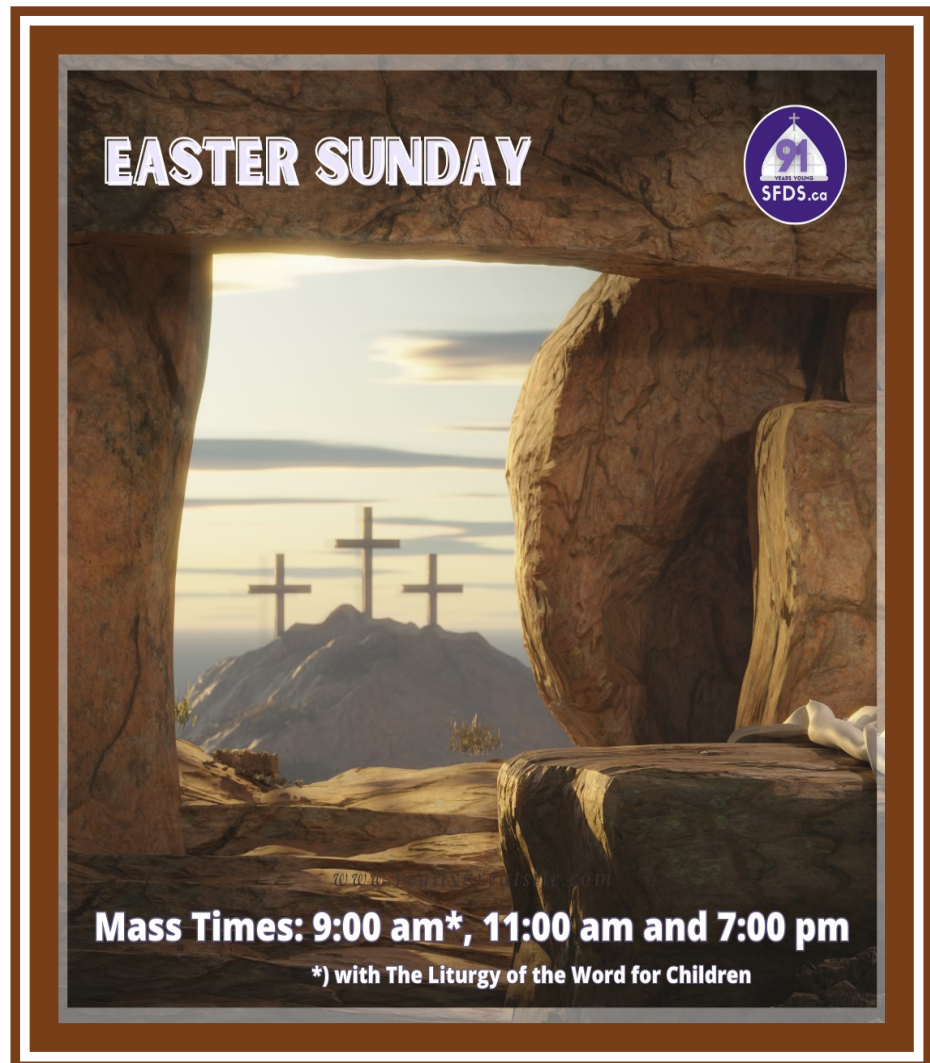
7:00 pm April 5 First Friday Mass

### Holy Hour

Thursday mornings after Mass

First Friday's at 6 pm

Easter Sunday,  
March 31, 2024



*“Accept the risen Christ into your life. Even if you have been far away, take a small step towards him, he awaits you with open arms.”*

*Pope Francis*

**Sunday, March 31, The Resurrection of the Lord Colossians 3:1-4**

*Think of what is above. (Colossians 3:2)*

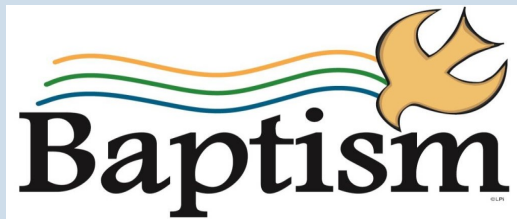
Today is a day of great joy and celebration. That's because Jesus Christ, who suffered a cruel death and rose from his tomb, is now risen in glory. And now that you are "raised with Christ," he invites you to enter into his joy (Colossians 3:1).

You may feel full of joy today. But what if you don't? What if you feel weighed down by worries and burdens? There is still a way that you can experience Easter joy. How? By faith.

As St. Paul writes in today's second reading, "Think of what is above" (Colossians 3:2). By faith, you can recall that God loves you, that he is with you, and that he has won the victory over death and sin, including all of your own sins! Scripture promises that "there is no condemnation for those who are in Christ Jesus" (Romans 8:1). That's you! "When Christ your life appears, then you too will appear with him in glory" (Colossians 3:4). That's you!

Recalling these truths can lead you into another experience of Easter joy, the joy of serving the Lord and his people. Peter must have been overjoyed when Jesus told him, "Feed my Lambs" (John 21:15). His failures and sins, even his denial of the Lord had been washed away! Now he could participate in the missions of the risen Christ. As you serve Jesus today, by loving others, by sharing your faith, or by joyfully preparing a family meal, believe that, just like Peter, you are also participating in Jesus' mission. And that is a true and certain path to joy.

Easter joy is not just about gathering for Mass or enjoying a feast or wearing a special outfit, you know that! It comes about through faith and service, and it can last all year long. So set your heart on "what is above" today (Colossians 3:2). Then hear Jesus say, "Come and share in my joy!"



**Baptisms in Our Parish**

**We welcome and congratulate**

*Katelyn Chow*

*Mattea Shae Decena*

*Kalia Jasmine Ko*

*Gemma Poppy Ko*

*Ethan Lima Khonsari*

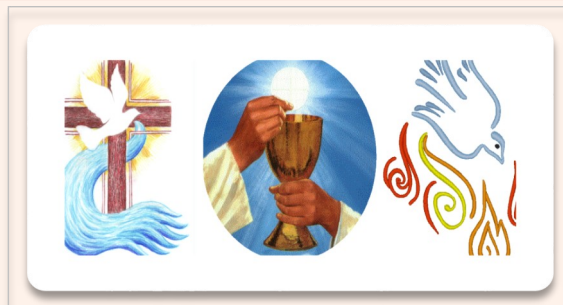
*Chelsea Frances Suparman-Liu*

*Kasper Yao*

*Kristy Yao*

*Qing Yun*

**Baptized in our Parish on Easter Sunday**



**We extend a warm welcome to the new members of our Christian family who received the Sacraments of Baptism, Confirmation and Holy Communion at the Easter Vigil**

*Shang Cai, James Jr. Hyun Ung Cho,*

*Johnny Chow, Wei (Stephen) Guo,*

*Yang Yingzi (Candice) Hu,*

*Gavin Kenny Ko, Shi-Jie Jason Li,*

*Tian (Sarah) Li, Shi Yin (Ivy) Lin,*

*Shelley-Marie Shortts,*

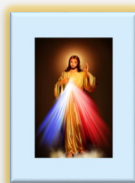
*Ivon Suparman,*

*Chuan (Wendy) Xia*

**May you always know the love of God and the continuing support and love of the community of St. Francis de Sales Parish. God Bless!**

**Divine Mercy Sunday Celebration April 7**

Divine Mercy Sunday focuses on the gift of mercy and love given through Christ's death, burial, and resurrection. As Pope John Paul II stated, "Divine Mercy reaches human beings through the heart of Christ crucified." You are invited to attend our Divine Mercy celebration on Sunday April 7, at 3 pm.



# JESUS INVITES YOU

To be part of God's Community

**JOIN COUPLES FOR CHRIST'S CHRISTIAN LIFE PROGRAM**  
A Dynamic Course Leading Christian Couples to Embrace God's Divine Calling

Every Saturday for 8 Sessions  
Starting on April 6, 2024 at 6:30 PM  
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6610 Balmoral St. Burnaby

FOR MORE INFO, CONTACT  
Jojo & Chay Facun 778 995 4968  
Rex & Yvonne Calderon 604 603 3032  
Raymond & Leds Lopes 778 866 1055



**No Registration Required**

Join in the Spring for

## THE WILD GOOSE Series

Every Wednesday | 7:30pm | Church Hall

- April 10** • God's Love Poured Out
- April 17** • The Breath of God
- April 24** • Baptism in the Spirit and Fire
  - May 1** • The Spirit and Our Lady (a)
  - Gifts of the Holy Spirit (b)
- May 8** • The Spirit and the Eucharist
- May 15** • The Spirit of Adoption
- May 22** • The Spirit and the Sacraments (a)
- The Fruits of the Holy Spirit (b)
- May 29** • The Spirit and the Desert
- June 5** • The Spirit Convicts
- June 12** • The Spirit Freedom (a)
- The Spirit Gives Witness (b)
- June 19** • The Spirit Remembers



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**SENIOR LUNCH**  
MONDAY, APRIL 8

DOOR OPEN AT 11:30  
LUNCH SERVED AT 12:00

Louise (604) 872 1574 (pls leave a message )  
bclouise@gmail.com

**CWL Bursaries for Students in Grade 12** There are two bursaries available for students whose mother or grandmother is a member of the CWL. Each bursary is worth \$1000. Students who would like to apply must be practising Catholics who will continue in their Catholic faith and who have a need for financial assistance to pursue post secondary education. Deadline is April 5th. If you are interested please contact the parish office at 604-434-1328



# EASTER

## BLESSINGS

to you and your family



# THIS WEEK ON **FORMED**

Week of April 01, 2024



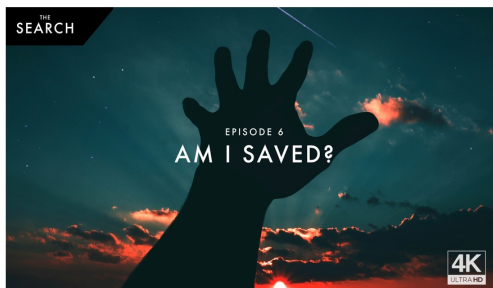
## Easter in Art: Mary Magdalene (Part 3 of 3)

Learn about the "apostle to the apostles" in this discussion with Dr. Ben Akers and Taylor Kemp. They take a look at a famous painting of Jesus's encounter with Mary Magdalene following the Resurrection.



## He is Alive! | Laugh and Grow Bible for Kids

Why can we have hope? Because we know how the story ends . . . with the most incredible miracle ever! Follow along and experience the joy of Jesus' friends as they discover He defeated death and rose from the grave.



## Am I Saved? | The Search | Episode 6

In this episode of The Search, explore how Jesus' profound act of love, revealed through his life, death, and resurrection, is a personal salvation for each of us. Despite feeling unworthy or burdened, God enters our messy human condition to transform us from within. His generous love, beyond what we deserve, reflects the amazing reality of God's mercy, shaping a relationship that forever changes our lives.

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Visit [signup.formed.org](https://signup.formed.org) and select our parish name.



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